

# HALLOWEEN HUNT 5 MILES

**Saturday, October 28, 2006**

**Part of the 28th Annual Tennessee State Park Running Tour**

**LONG HUNTER STATE PARK, 2910 Hobson Pike, Hermitage TN.**

**Park Location:** On Highway 171 at Percy Priest Lake between La Vergne and Mt Juliet. From Nashville, take either I-40 East to Mt Juliet exit 226 and go South 7 miles, or take I-24 to Old Hickory Blvd exit 62 and go East for 7 miles. Turn to Couchville Lake 1 mile. **Parking fee is \$ 3.00 per car.**

## Halloween Costume Contest

**\$ 100, \$ 25, and \$ 10 to best costumes among finishers**

**Start and Finish:** at the picnic shelter parking lot. Five mile race starts at 11:00 A.M. central time.

**Course** goes out and back one quarter mile, then loops Couchville Lake twice. Miles are marked.

**Long Sleeve T-shirt:** guaranteed to all pre-registered runners.

**Awards:** Five-year age groups with 5 awards in each category from under 20 to 70+. Special awards to overall, master (40+), grandmaster (50+), and senior grandmaster (60+) winners. Award ceremony with refreshments at 12:30 p.m.

**Register at *Active.com***

**Pre-registration deadline:** October 21, 2006. Race day registration from 9:30 to 10:45 a.m.

**Entry Fee:** \$ 15.00 payable to Halloween Hunt      Mail registration to: **Halloween Hunt**  
or \$ 5.00 without shirt      **205 Woodland Ct**  
(Late fee without T-shirt \$ 10.00)      **Hermitage TN 37076**

**Race director:** Tomas de Paulis (889-1306). Park information (Vicky at 615-885-2422).

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**Registration Halloween Hunt**      Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Age (on race day) \_\_\_\_\_ Gender \_\_\_\_\_ T-shirt Size (circle)    S    M    L    XL    XXL    No  
Shirt

*Entry fees are non-refundable. Awards and shirts will not be mailed.*

***Waiver of Liability.*** By entering this race, I, for myself, my heirs and executors, waive and release forever any and all rights and claims for damages I may have against the Tennessee Department of Environment and Conservation, RRCA or the Frostbite Running Club. I also release the above named for all claims of damages, demands, and actions in any manner due to any personal injuries, property damage, or death sustained as a result of my traveling to and from and my participation in said race. I attest and verify that I am physically fit and have sufficiently trained for the competition in the 2006 Long Hunter State Park Halloween Hunt.

Signature \_\_\_\_\_  
(Parent signature for runners under the age of 18)

Date \_\_\_\_\_